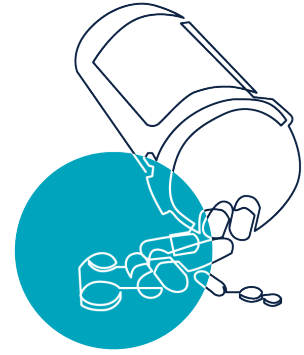Treatment of helicobacter infection of the stomach

Triple Therapy with PPI–A–Levoflaaxacin

Take the following 14-day treatment

MEDICATION	DOSE	DETAILS	SIDE EFFECTS AND PRECAUTIONS
Proton-**p**ump **i**nhibitors Options: Losec (Omeprazole) 20mg Prevacid (Lansoprazole) 30mg Pantoloc (Pantoprazole) 40mg Pariet (Rabeprazole) 20mg Nexium (Esomeprazole) 40mg Dexilant (Dexlansoprazole) 60 or 90mg	1 tablet 2x/day	Strong blocker of acid production in the stomach.	• Nausea • Headache • Dry mouth • Loose stools
Levofloxacin (Levaquin)	500 mg 2x/day	Antibiotic commonly used to treat pneumonia, urinary tract infections, sinus infections, and skin infections. Belongs to the fluoroquinolone class.	• Neurological, especially abnormal sensation in feet and legs • Damage to the tendons including the rare side effect of rupture of the Achilles tendon • Diarrhea • Liver damage ***Caution should be used in patients with liver or kidney problems, patients with cardiac arrhythmias, patients who are taking blood thinners** such as Coumadin (warfarin) (some data indicate that administration of the antibiotic together with warfarin may increase the risk of bleeding).* ***Should not be used by patients who are allergic to antibiotics in the same Quinolone drug class,** such as ciprofloxacin.* ***Should not be used in small children, pregnant women, and breastfeeding mothers**.*
Amoxicillin	1 gram 2x/day	Antibiotic commonly used to treat infections such as pneumonia and bladder infections. This antibiotic is like a penicillin.	• Loose stools (7%) • Skin rash (2%) **If you are allergic to penicillin you cannot take this medication**. *Should a skin rash develop while on this medication, please contact your physician and stop taking the drug.*

Importance of adherence for treatment success

Despite the fact that side effects are listed most people can take these medications without too much difficulty. However, we know that that success of treatments is lower if not all tablets are taken. Therefore, it is important that you try to take all medication as prescribed.