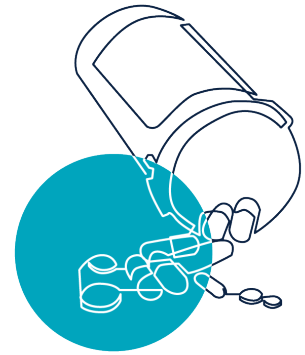


Treatment of helicobacter infection of the stomach

# Concomitant Therapy with PPI-CL-A-MET



Take the following 14-day treatment

MEDICATION	DOSE	DETAILS	SIDE EFFECTS AND PRECAUTIONS
<p><b>Proton-pump inhibitor</b></p> <p>Options:                      Losec (Omeprazole) 20mg                      Prevacid (Lansoprazole) 30mg                      Pantoloc (Pantoprazole) 40mg                      Pariet (Rabeprazole) 20mg                      Nexium (Esomeprazole) 40mg                      Dexilant (Dexlansoprazole) 60 or 90mg</p>	1 tablet 2x/day	Strong blocker of acid production in the stomach.	<ul style="list-style-type: none"> <li>• Nausea</li> <li>• Headache</li> <li>• Dry mouth</li> <li>• Loose stools</li> </ul>
<p><b>Clarithromycin</b> (Biaxin)</p>	500 mg 2x/day	Antibiotic also used to treat pneumonia or ear infections.	<ul style="list-style-type: none"> <li>• Taste disturbance (10%)</li> <li>• Loose stools (5%)</li> <li>• Nausea (2%)</li> </ul>
<p><b>Amoxicillin</b></p>	1 gram 2x/day	Antibiotic commonly used to treat infections such as pneumonia and bladder infections. Belongs to the penicillin class.	<ul style="list-style-type: none"> <li>• Loose stools (7%)</li> <li>• Skin rash (2%)</li> </ul> <p><b>*If you are allergic to penicillin you cannot take this medication.</b>                      Should a skin rash develop while on this medication, please contact your physician and stop taking the drug.</p>
<p><b>Metronidazole</b> (Flagyl)</p>	500 mg 2x/day	Antibiotic commonly used to treat diarrhea due to infections.	<ul style="list-style-type: none"> <li>• Nausea</li> <li>• Metallic taste in the mouth</li> <li>• Loose stools</li> </ul> <p><b>*You are not allowed to drink any alcoholic drinks while taking this medication.</b>                      Metronidazole can give a disulfiram-like reaction (medication used to treat alcohol use disorder) and side effects.</p>

## Importance of adherence for treatment success

Despite the fact that side effects are listed most people can take these medications without too much difficulty. However, we know that the success of treatments is lower if not all tablets are taken. Therefore, it is important that you try to take all medications as prescribed.