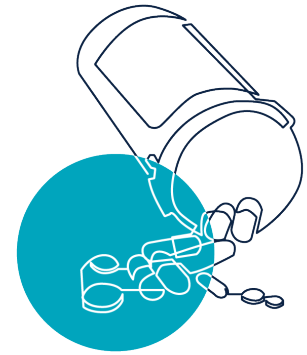


Treatment of helicobacter infection of the stomach

# Bismuth-based Quadruple Therapy with PPI-B-MET-T



Take the following 14-day treatment

MEDICATION	DOSE	DETAILS	SIDE EFFECTS AND PRECAUTIONS
<p><b>Proton-pump inhibitors</b></p> <p>Options:                      Losec (Omeprazole) 20mg                      Prevacid (Lansoprazole) 30mg                      Pantoloc (Pantoprazole) 40mg                      Pariet (Rabeprazole) 20mg                      Nexium (Esomeprazole) 40mg                      Dexilant (Dexlansoprazole) 60 or 90mg</p>	1 tablet 2x/day	Strong blocker of acid production in the stomach.	<ul style="list-style-type: none"> <li>• Nausea</li> <li>• Headache</li> <li>• Dry mouth</li> <li>• Loose stools</li> </ul>
<p><b>Bismuth subsalicylate (Pepto-Bismol)</b></p>	2 tablets 4x/day	Commonly used to treat indigestion.	<ul style="list-style-type: none"> <li>• Dark-colored stool</li> <li>• Black tongue</li> <li>• Dizziness &amp; confusion (rare)</li> </ul> <p><b>* Patients with kidney problems should consult their physician before taking Pepto-Bismol due to potential nervous system side effects.</b></p>
<p><b>Metronidazole</b></p>	500 mg 3x/day	Antibiotic commonly used to treat diarrhea due to infections.	<ul style="list-style-type: none"> <li>• Nausea</li> <li>• Metallic taste in the mouth</li> <li>• Loose stools</li> </ul> <p><b>*You are not allowed to drink any alcoholic drinks while taking this medication as it gives an alcohol-like reaction.</b></p>
<p><b>Tetracycline</b></p>	500 mg 4x/day	Antibiotic commonly used to treat several kinds of infections including pneumonia and skin infections.	<ul style="list-style-type: none"> <li>• Nausea and vomiting</li> <li>• Loose stools</li> <li>• Skin rash</li> </ul> <p><b>* Exposure to sunlight should be avoided as patients sometimes become more sensitive to sunburn while taking this medication. Side effects occur in less than 5% of patients.</b></p>

## Importance of adherence for treatment success

Despite the fact that side effects are listed most people can take these medications without too much difficulty. However, we know that that success of treatments is lower if not all tablets are taken. Therefore, it is important that you try to take all medication as prescribed.