

Module 1: Identify & Assess Like an Expert

Module 1, Session 1 to 4

Key literature about early identification

- Tools to Support Earlier Identification for Palliative Care (OPCN)
 - <https://www.ontariopalliativecarenetwork.ca/sites/opcn/files/2021-01/OPCNToolsToSupportEarlierIdentificationForPC.pdf>
- Rewegan A, Danho S, White J, Winemaker S, Hansen N, MacLennan A, Howard M. (2019) How do physicians and nurses in family practice describe their care for patients with progressive life-limiting illness? A qualitative study of a 'palliative approach'. Primary Health Care Research & Development 20(e95): 1–7.
- Walsh RI, Mitchell G, Francis L, & van Driel ML. (2015). What diagnostic tools exist for the early identification of palliative care patients in general practice? A systematic review. Journal of Palliative care, 31(2), 118-123.
- Haun, M. W., Estel, S., Ruecker, G., Friederich, H. C., Villalobos, M., Thomas, M., & Hartmann, M. (2017). Early palliative care for adults with advanced cancer. Cochrane Database of Systematic Reviews, (6).
- Zambrano, S. C., Fliedner, M. C., & Eychmüller, S. (2016). The impact of early palliative care on the quality of care during the last days of life: what does the evidence say? Supportive and palliative care, 10(4), 310-315.
- Tassinari, D., Drudi, F., C Monterubbianesi, et al. (2016). Early palliative care in advanced oncologic and non-oncologic chronic diseases: a systematic review of literature. Reviews on recent clinical trials, 11(1), 63-71.

Key literature about the role of primary care in palliative care

- Quill, T. E., & Abernethy, A. P. (2013). Generalist plus specialist palliative care—creating a more sustainable model. New England Journal of Medicine, 368(13), 1173-1175.
- Nevin M, Smith V, Hynes G. Non-specialist palliative care: A principle-based concept analysis. Palliative Medicine. 2019 Apr 24.

Evidence-based tools

- SPICT download - <https://www.spict.org.uk/spictapp/>
- PIG download: <https://www.goldstandardsframework.org.uk/cd-content/uploads/files/General%20Files/Prognostic%20Indicator%20Guidance%20October%202011.pdf>
- Woolfield, A., Mitchell, G., Kondalsamy-Chennakesavan, S., & Senior, H. (2019). Predicting Those Who Are at Risk of Dying within Six to Twelve Months in Primary Care: A Retrospective Case–Control General Practice Chart Analysis. Journal of Palliative Medicine. [SPICT]
- Thomas, K. (2010). Using prognostic indicator guidance to plan care for final stages of life. Primary Health Care (through 2013), 20(6), 25.
- Palliative Performance Scale (PPSv2) version 2. 4th ed.; p. 120. Victoria Hospice Society, 2006
- Cancer Journey Action Group, Canadian Partnership Against Cancer's recommendations for screening for distress, May 2009.
 - www.palliative.org/PC/ClinicalInfo/AssessmentTools/ESAS%20ToolsIdx.html
- "Curriculum Package The Palliative Approach to Chronic Disease Management", BC Hospice Palliative Care Association's (BCHPCA) Learning Centre for Palliative Care, BC, July 2009
- National Comprehensive Cancer Network Distress Thermometer.
 - <https://www.nccn.org/about/permissions/thermometer.aspx>

Other Resources

- OHIP Billing Module by Dr. Bob Sauls: https://youtu.be/k_jbcp8WuO8
- HQO Webinar on early ID with Drs. Sauls and Osborne
 - <https://register.gotowebinar.com/recording/recordingView?webinarKey=3289523689168291075®istrantEmail=bainbridgd%40hhsc.ca>
- Practice Support Program- based in BC, provides learning modules to support implementing pallcare approach into practice
 - <http://www.gpsc.bc.ca/what-we-do/professional-development/psp>
- eHealth Centres of Excellence- free training on EMR tools
 - <http://ehealthce.ca/Change-Management.htm>

Module 2: Enhance Communication Skills

Module 2. Sessions 1-4

Key Literature

- Mack, J. W., & Smith, T. J. (2012). Reasons why physicians do not have discussions about poor prognosis, why it matters, and what can be improved. *Journal of clinical oncology*, 30(22), 2715-2717.
- Bernacki, R., Paladino, J., Neville, B. A., et al. (2019). Effect of the serious illness care program in outpatient oncology: a cluster randomized clinical trial. *JAMA internal medicine*, 179(6), 751-759.
- Lakin, J. R., Koritsanszky, L. A., Cunningham, R., et al. (2017). A systematic intervention to improve serious illness communication in primary care. *Health Affairs*, 36(7), 1258-1264.
- You, J. J., Fowler, R. A., & Heyland, D. K. (2014). Just ask: Discussing goals of care with patients in hospital with serious illness. *CMAJ*, 186(6), 425-432.
- Bernacki, R. E., & Block, S. D. (2014). Communication about serious illness care goals: a review and synthesis of best practices. *JAMA internal medicine*, 174(12), 1994-2003.
- Hofmann, J. C., Wenger, N. S., Davis, R. B., et al. (1997). Patient preferences for communication with physicians about end-of-life decisions. *Annals of internal medicine*, 127(1), 1-12.

Other resources

- Dr. Leah Steinberg: Training modules in communication skills
 - www.Goalsofcaremodule.com
- Dr. Jeff Myers: Advance Care Planning Conversations vs Goals of Care Discussions
 - <http://acpww.ca/wp-content/uploads/2017/03/Dr.-Myers-ACP-vs-GOC-Feb-2017.pdf>
- Hospice Northwest: Don't Duck the Conversation Guide (for patients)
 - <https://www.hospicenorthwest.ca/resources/dont-duck-the-conversation/>
- Advance Care Planning and Health Care Consent for Health Service Providers
 - <https://www.hpco.ca/acp-hcc-hsp/>
- Six steps of SPIKES (breaking bad news)
 - <https://ubccpd.ca/sites/ubccpd.ca/files/SPIKES%20Protocol%20for%20Breaking%20Bad%20News.pdf>
- SPIKES—A Six-Step Protocol for Delivering Bad News
 - http://www.con-fine.it/confine_2017_01/wp-content/uploads/2017/08/SPIKES-The-Oncologist.pdf
- Serious Illness Care Program Reference Guide for Interprofessional Clinicians
 - http://www.bcrenal.ca/resource-gallery/Documents/ClinicianinterprofessionalReferenceGuide_v4_2018_01_19.pdf
- Ariadne Labs: Serious Illness Conversation Guide Demonstration (12 minutes)
 - https://www.youtube.com/watch?v=fhwa9f5O_U4
- Ariadne Labs: Serious Illness Conversation Guide: Conversation (20:04 min)
 - <https://www.youtube.com/watch?v=xLI1HICcNYM>
- The Conversation Project Toolkit
 - <https://theconversationproject.org/>
- Speak up Ontario
 - <https://www.speakupontario.ca/resource/acp-workbook-en/>
 - <https://www.speakupontario.ca/person-centred-decision-making/>
 - <https://www.speakupontario.ca/e-learning-module/>
- Royal College of Physicians: Talking about dying
 - <https://www.rcplondon.ac.uk/projects/outputs/talking-about-dying-how-begin-honest-conversations-about-what-lies-ahead>
- Ontario Powers of Attorney Booklet and Form
 - <https://www.attorneygeneral.jus.gov.on.ca/english/family/pgt/poa.pdf>
- Cone Health: Conversations You Should Have But Don't: End of Life Care
 - <https://www.youtube.com/watch?v=hBbngG3xxuM>
- BC Centre For Palliative Care: Serious Illness Care: More, Earlier, Better Conversations
 - <https://www.bc-cpc.ca/cpc/serious-illness-conversations/>

Module 3: Enhance Skills for Ongoing Care

Module 3 Session 1

Key Literature

- Rewegan A, Danho S, White J, Winemaker S, Hansen N, MacLennan A, Howard M. (2019) How do physicians and nurses in family practice describe their care for patients with progressive life-limiting illness? A qualitative study of a 'palliative approach'. Primary Health Care Research & Development 20(e95): 1–7.

Module 3 Session 2

Key Literature

- Seow H, Bainbridge D, Brouwers M, Bryant D, Toyofuku, S, Kelley, ML. Common Care Practices Among Effective Community-Based Specialist Palliative Care Teams: A Qualitative Study. BMJ Support Palliat Care. 2017 Apr 19.
- Seow H. Re-thinking palliative care in the community: A change guide. 2014;
 - <https://www.palliativecareinnovation.com/sharing>
- Kelley ML, Williams A, DeMiglio L, Mettam H. Developing rural palliative care: validating a conceptual model. Rural Remote Health. 2011;11(2):1717.
- Kelley ML and the Improving End-of-Life Care in First Nations Communities Research Team, Lakehead University (2015), Developing Palliative Care Programs in First Nations Communities: A Workbook.
 - <http://eolfn.lakeheadu.ca/wp-content/uploads/2018/05/Developing-palliative-care-programs-using-participatory-action-research.pdf>
- Kelley ML et al. Quality Palliative Care in Long-Term Care: Tools and Resources for Organizational Change—A Toolkit. Organizational Self-Assessment. <http://www.palliativealliance.ca/organizational-change->
- Seow, H., & Bainbridge, D. (2018). The development of specialized palliative care in the community: A qualitative study of the evolution of 15 teams. Palliative medicine, 32(7), 1255-1266.
- Abel J, et al. Circles of care: should community development redefine the practice of palliative care? BMJ Supportive & Palliative Care 2013;0:1–6. doi:10.1136/bmjspcare-2012-000359
- Practice Support Program (PSP) - Team Model for End of Life Care
 - https://www.pspexchangebc.ca/pluginfile.php/1752/mod_resource/content/1/Team%20model%20for%20End%20of%20Life%20Care_v1.2.pdf

Module 3 Session 3

Key Literature

- Gardiner, C., Gott, M., & Ingleton, C. (2012). Factors supporting good partnership working between generalist and specialist palliative care services: a systematic review. Br J Gen Pract, 62(598), e353-e362.

Module 3 Session 4

Key Literature

- Stajduhar, K.I., & Cohen, S.R. (2008). Family carers in the home. In P. Hudson & S. Payne (Eds.), Family carers in palliative care (pp.149-168). Oxford University Press.
- Stajduhar, K.I., Funk, L., & Outcalt, L. (2013). Family caregiver learning – how family caregivers learn to provide care at the end of life: A qualitative secondary analysis of four datasets. Palliative Medicine, 27(7), 657-64.
- Funk, L., Stajduhar, K.I., & Outcalt, L. (2014). What family caregivers learn when providing care at the end of life: A qualitative secondary analysis. Palliative and Supportive Care.

Tools for caregivers

- Carer Support Needs Assessment Tool (CSNAT) UK csnat.org
- Caregivers Nova Scotia resources [Resources | Caregivers Nova Scotia \(caregiversns.org\)](http://Resources | Caregivers Nova Scotia (caregiversns.org))
- Web based resources:
 - www.Virtualhospice.ca - offer information and videos on providing care, discussion forums for caregivers
 - www.Mygrief.ca
 - www.Kidsgrief.ca
 - www.Caregiversupport.hpco.ca - information/education resource;
 - <https://livingmyculture.ca/culture/>
- Victoria Hospice Bereavement Risk Assessment Tool (BRAT) Victoria Hospice BRAT